

Paradise cove Clapham

"We cook every dish with our heart"

Starters

(all starters are served with a selection of in house dips)

Mini jerk ribs bites with bbq dip	4.95
Caribbean roti with thyme & pumpkin dip	4.95
Sweetcorn fritters with hot sauce	4.95
Salt fish fritters with bbq dip	4.95
Crispy jerk okra with sauteed onions & bbq dip	4.95
Jamaican festivals with thyme mayo	4.95
Sauteed ackee starter with escovitch sauce	6.95
Salted green plantain jerk chips	6.95

Quick Caribbean Combos

(served until 6pm every day)

$\frac{1}{4}$ + 2 sides + gravy	15.00
$\frac{1}{2}$ + 2 sides + gravy + two sauces	20.00
Roti wrap + 1 side + gravy	15.00

Chicken and ribs

(Please ask for halal)

Free range $\frac{1}{4}$ jerk	9.95
Free range $\frac{1}{2}$ jerk	13.95
1/4, jerk with okra, steamed in jerk bbq sauce	16.95
Jerk bbq ribs	11.95
Triple jerk ribs	12.95

Fish

(add any side for 3.95)

Ackee and saltfish	13.95
Curried prawns	14.95
Foil bag, steamed jerk prawns	13.95
Foil bag, steamed coconut & lime prawns	16.95
Grilled coconut and lime seabass	16.95
Grilled jerk seabass	18.95
Foil bag, steamed fish with okra	18.95

Curries and stews

(Braised in the big dutch pots!!! The way Nan taught me!)

Pumpkin soup (VG)	8.95
Boneless classic curried chicken	11.95
Stew chicken with wilted spinach	11.95
Slow braised oxtail with butter beans	12.95
Authentic curried goat	12.95
Plant based 4 bean, coconut curry (VG)	11.95
Rastaman red pea stew (VG)	11.95

Bus up shot Roti Wraps

Jerk chicken wrap	9.95
Curry chicken wrap	12.95
Alkaline bean wrap (VG)	9.95
ITAL rastaman wrap (VG)	9.95

Salad

Jerk chicken and mango salad	9.95
Jerk bell pepper salad (VG) +GF	9.95
Alkaline, coconut and callaloo salad (VG) +GF	9.95

ITAL Sides

(All Ital sides are vegan!!!)

Rice and peas	4.95
New style jerk rice	4.95
Steamed basmati rice	4.95
Toasted roti + gravy	4.95
Jerk salt © plantains	4.95
Coconut, Calve Nero & Callaloo	6.95
Buttered jerk bbq sweetcorn	4.95
Jerk salt© handcut chips	4.95
Garlic and olive oil side salad	4.95

Caribbean sides

Caribbean coleslaw with chives	4.95
Mac and cheese	5.95
Mongoose Hardough bread with gravy dip	5.95

Dips + Sauces

BBQ sauce	1.95
Caramelised onion vinaigrette	1.95
Thyme mayo	1.95
Inferno hot sauce	1.95
Jerk bbq Gravy	2.95

Tee's affordable experience platters

"Taste the entire Caribbean"

Paradise platter 34.95

2 chicken, rice peas, jerk rice, salad, mac and cheese, gravy, jerk chips, jerk okra & onion.

Curry me crazy 36.95

2 curries, 2 rice, rice peas, jerk rice, Plantains, Roti & salad.

"One Love" platter 42.952 chicken & 6 sides of your choice.
(Limited to tables of 2 only)

Swap chickens for 2 ribs for 8.00 extra

Swap chickens for ackee and salt fish for 10.00 extra

Swap chickens for steamed fish for 14.00 extra

"Lickle bowls for under 10-year-olds

Curry + rice + salad or plantain	8.95
Chicken + rice Salad or plantain	8.95



Paradise cove Clapham

"All inspired by a Lickle island we know as Jamaica"

Brunch menu

(Served daily in the summer daily/ served on Saturday and Sunday in the winter.

Chef Tee's Scotchie inspired special 13.95

Hard dough bread, jerk bacon, egg, beans, jerk chips, jerk plantains

The Vieuxfort veggie brekie 13.95

French toasted hard dough bread, hash browns/lotus, egg, beans, jerk chips, plantains

Paradise cove Ital special 14.95

Porridge, hashbrowns/lotus, callaloo, beans, dumplings, plantains

St Kitts breakfast wrap 12.95

Roti, egg, jerk sausage, bacon, beans, grilled cheese

Carnival Callaloo wrap 12.95

Roti, green kale, seasoned callaloo, plantain

Montego "New style" Jerk wrap 12.95

Rot, jerk chicken, eggs, grilled cheese

Jamaica's classic Ackee special 15.95

Ackee starter, dumplings, plantains, hardough bread, beans

"To build your own breakfast. Please ask your waiter."

Cakes

(Warmed treats of comfort, to make you smile!)

Organic lemon citrus cake	4.95
Chocolate cake	5.95
Black rum cake	5.95
Red beetroot cake	5.95
Carrot cake	4.95
Rum soaked Bread pudding	7.95

Rum and organic Custards

Vanilla custard	3.95
Amaretto custard	4.95
Dark rum custard	4.95
Scotch bonnet rum custard	4.95

Juices

Caribbean pink Ting	3.95
Tru© Tropical punch	3.95
Homemade Green juice	3.95
Homemade Pure Carrot juice	3.95
Homemade Apple juice	3.95
Homemade Lemonade	3.95
Ginger and Sasperella	3.95
Citrus Iced tea	3.95

Teas and coffee

Fresh herbal Teas	2.95
Cappuccino	3.95
Latte	3.95
Filter	3.95

Books

Chef tee's Caribbean kitchen	10.95
Chef tee's over 75 book series	3.95